

## COURSE SPECIFICATION DOCUMENT

<b>Academic School / Department:</b>	Richmond Business School
<b>Programme:</b>	Richmond Business School Core
<b>FHEQ Level:</b>	5
<b>Course Title:</b>	Football Coaching
<b>Course Code:</b>	SPT 5230
<b>Course Leader:</b>	Dr Colin Howley
<b>Student Engagement Hours:</b>	160
Lectures/ Training sessions:	80
Seminar / Tutorials:	10
Independent / Guided Learning:	70
<b>Semester:</b>	Fall and Spring
<b>Credits:</b>	4US, 16 UK

### **Course Description:**

The RIASA/Football Association Level 2 in Coaching is a professional development placement in partnership with the West Ridings County Football Association. The course aims to provide students with training for a recognised professional qualification in an industry setting and to cultivate intellectual, professional, and personal skills that will enable them to perform in a culturally diverse coaching contexts and communities. In addition to the RIASA/Football Association Level 2 in Coaching qualification requirements, students will complete assessments designed to help reflect on the skills they are learning and the benefits gained from the RIASA/Football Association Level 2 in Coaching, and also to help them determine if their current career goals in the coaching industries. A faculty supervisor will work closely with each student throughout the duration of the RIASA/Football Association Level 2 in Coaching to ensure that the professional development placement is a successful one.

**Prerequisites:** None

### **Aims and Objectives:**

The RIASA/Football Association Level 2 in Coaching aims to allow students to enhance coaching skillsets developed in Football Association Level 1 in Coaching and further their

own learning within coaching environments. Exponential learning through the development of recognised coaching practices and engagement with a variety of key industry stakeholders are a central to the course objectives. Hence, the overall purpose of the RIASA/Football Association Level 2 in Coaching course is to provide students with industry-level skillsets in order to be better prepared for developments within the coaching profession and to successfully gaining employment following graduation.

**Programme Outcomes:**

A3, A6

A detailed list of the programme outcomes is found in the Programme Specification. This is maintained by Registry and located at: <https://www.richmond.ac.uk/programme-and-course-specifications/>

**Learning Outcomes:**

- By the end of this course, successful students should be able to:
- Develop greater responsibility for their own learning and development.
- Coach basic skills and techniques, and demonstrate an understanding of the principles of attack and defence through the use of practices and small sided games.
- Develop an appreciation of the coaching process, the needs of the player and related issues in sports science.
- Plan, conduct and evaluate a series of sessions in a systematic and progressive manner.
- Ensure the health and safety of players and others within the coaching environment and be able to respond to an emergency.
- Promote and establish positive working relationships and high standards of behaviour with players, officials and other coaches.

**Indicative Content:**

Coaching theory and practice  
Planning, delivery and evaluation of ethical football coaching sessions  
Group and individual development and management  
Communication and game strategy

**Assessment:**

This course conforms to the Richmond University Standard Assessment Norms approved at Academic Board.

**Teaching Methodology:**

This is a collaborative learning course delivered in partnership with the West Ridings County Football Association and students will be taught by both the university and partner organisation.

