

COURSE SPECIFICATION DOCUMENT

NOTE: ANY CHANGES TO A CSD MUST GO THROUGH ALL OF THE RELEVANT APPROVAL PROCESSES, INCLUDING LTPC.

Academic School/Department:	Business and Economics
Programme:	BA (Hons) International Sports Management
FHEQ Level:	6
Course Title:	Team and Leadership Dynamics in Sports and Coaching
Course Code:	SPT 6215
Course Leader:	TBC
Student Engagement Hours:	120
Lectures:	30
Seminar / Tutorials:	15
Independent / Guided Learning :	75
Semester:	Spring
Credits:	12 UK CATS credits 6 ECTS credits 3 US credits

Course Description:

This is an applied leadership course with focus on case studies, projects, and group interactions; it includes theoretical background on group dynamics, small group behavior and motivation, power, types of groups, verbal and non-verbal communications skills, and teambuilding. Emphasis will be placed on sociological and psychological dimensions of inter-group and team relations, including analysis and problem solving through simulations, cases, and similar activities.

Prerequisites: SPT 5215

Aims and Objectives:

1. To identify, define and apply concepts common to the leadership process
2. To apply analytical, critical thinking and problem-solving skills to given case studies

3. To apply analytical, critical thinking and problem-solving skills to common team dynamic situations
4. To develop an interdisciplinary appreciation of team leadership, both through content and also experience of different disciplinary approaches to the subject.

Programme Outcomes

A2, A6
B2, B3, B4, B5, B6
C1, C2
D4, D5,

A detailed list of the programme outcomes are found in the Programme Specification.

This is located at the archive maintained by the Academic Registry and found at:
<http://www.richmond.ac.uk/content/academic-schools/academic-registry/program-and-course-specifications.aspx>

Learning Outcomes:

By the end of this course, successful students should be able to:

1. **Have a systematic understanding of the core concepts relating to theories of leadership.**
2. **Discuss the different styles and functions of leadership in sport**
3. **Demonstrate in depth, current understanding regarding the difference between a leader and a manager**
4. **Discuss the importance of leadership in a sports team setting**
5. **Explain the importance and difficulty of leading change**
6. **Identify effective leaders in sport and recreation**

Indicative Content:

1. What is Leadership?
2. Sources of Power and Influence;
3. Leadership Styles and Approaches
4. Trait and Skill Approaches
5. Behavioral Approaches
6. Situational Approaches
7. Leadership in Sport
8. Contemporary Approaches
9. Leader Qualities and Roles
10. Team Leadership Dynamics
11. Managing and Motivating
12. Ethics and Decision Making
13. Leadership Philosophy

Assessment:

This course conforms to the Richmond University Standard Assessment Norms approved at Academic Council on June 28, 2012.

Teaching Methodology:

Teaching will be a combination of lectures, seminar discussions and workshops, using case studies and drawing on students' own experiences where appropriate. Lectures will be designed to cover the fundamental issues and build upon the recommended book chapters from the reading list and additional recommended readings. Students will be advised to supplement lecture notes by reading the relevant indicative reading(s).

The lectures will be participative in nature and will encourage commentary, application to real life scenarios/experiences and questioning to help develop deep learning and understanding, in addition to transferable skills.

Weekly seminars will support and enhance student learning through the exploration and application of their understanding in leadership case studies. Seminar sessions will require both individual and team participation and students will be encouraged to come prepared to participate in class.

Powercampus will be used to upload lecture notes and other essential course-related information.

Bibliography:

See syllabus for complete reading list

IndicativeText(s):

Clutterbuck, D. (2007) *Coaching the Team at Work*, Nicholas Brealey Publishing,

Denison, J. (2007) *Coaching Knowledges: Understanding the Dynamics of Sport Performance*, A&C Black Publishers Ltd,

Jackson, B. & Parry, K.(2007) *A Very Short, Fairly Interesting and Reasonably Cheap Book about Studying Leadership*, Sage Publications Ltd,

Neale, S. et al,(2009) *Emotional Intelligence Coaching: Improving Performance for Leaders Coaches and the Individual*, Kogan Page,

Whitmore, J. (2009) *Coaching for Performance: Growing Human Potential and Purpose - the Principles and Practice of Coaching and Leadership*, Nicholas Brealey Publishing,

Journals

Zacharatos, A Barling, J. Kelloway, E.K. (2000) Development and effects of transformational leadership in adolescents, *The Leadership Quarterly* Volume 11, Issue 2, 1 June 2000, Pages 211–226

