COURSE SPECIFICATION DOCUMENT

NOTE: ANY CHANGES TO A CSD MUST GO THROUGH ALL OF THE RELEVANT APPROVAL PROCESSES, INCLUDING LTPC.

Academic School/ Department: Communications, Arts & Social Sciences

Programme: Performance and Theatre Arts

FHEQ Level: 4

Course Title: Movement II: The Physical Impulse

Course Code: THR 4105

Course Leader: Dr M. Barclay

Student Engagement Hours: 120

Seminars / Practical Workshops: 30
Screenings: 3
Field-trips: 5
Performances / Rehearsals: 7
Independent / Guided Learning: 75

Semester: Fall and/or Spring

Credits: 12 UK CATS credits

6 ECTS credits
3 US credits

Course Description:

An introductory movement workshop that facilitates an exploration of connections between the mind and the body. Following the principles of a physical-theatre drama workshop, this class is designed to increase students' awareness and control of their own body and voice in the space, be it the classroom, the boardroom or the stage. Students explore methods of increasing their energy, personal confidence and creativity in the approach with which they present themselves to the world, and will practice a variety of techniques based on utilising the mind-body connection in order to enhance intellectual and creative development and general health and expression.

Prerequisites: THR 3102

Aims and Objectives:

This course aims to encourage students to become more observant about the way they and those around them "carry themselves" and the impact this can have on their ability to communicate effectively in a variety of situations. Drawing on techniques used by actors, physical theatre practitioners, live-artists, public speakers and performance poets, each student will explore the potential power of their own body and voice and how this power can be harnessed to increase confidence, expressivity and understanding of the dynamics between oneself and others.

Collaboration between students is therefore essential, and each student will build confidence in their movement and presence-forming abilities, as an individual performer and as a member of an ensemble.

Programme Outcomes:

At the end of this course, the students will have achieved the following programme outcomes.

A2, A3, A5, A6 A7, A8, A10, A12. B2, B4, B5, B6, B8, B9, B12. C1, C3, C4, C5, C7, C8, C9, C11. D3, D4, D6, D7, D8

A detailed list of the programme outcomes are found in the Programme Specification. This is located at the Departmental page of the portal.

Learning Outcomes:

- Ability to give well rehearsed, individual and ensemble performances to an audience, participating in the production as actor and/or as devisor director, relating his or her own role to specified, externally defined parameters.
- Ability to work as a member of a group, with a degree of limited autonomy within the
 defined guidelines of the performance brief, demonstrating awareness of the obligation
 to others during collaboration processes, and recognising factors that affect team
 performance.
- Ability to give and receive feedback with peers as part of effective communication, using interpersonal skills to clarify tasks within the context of ensemble work practices.
- Ability to analyse information from a variety of sources to inform a choice of solutions to problems in devising, synthesising this information into the performance score in a creative way.
- Ability to take direction from peers and instructor in order to increase the effectiveness of his or her own physical performance, and then discuss this experience in the learner/diary, assessing his or her own capabilities.
- Ability to identify principles and concepts underlying elements of performance theory by
 collecting data from a variety of sources, showing that they have a broad understanding
 of the appropriate knowledge base.

Indicative Content:

- European Influences on British Physical Theatre
- Mind / Body connections in Laban technique, Gardzienice technique & Hatha Yoga Practice
- Creating a narrative with the body Pina Bausch
- Theatre de Complicitie McBurney & contemporary approaches to devising and playmaking
- Moving as one the ensemble
- Le Coq & the neutral mask.

Assessment:

This course conforms to the Richmond University Special Programme Assessment Norms for Theatre approved by Academic Council on 28 June 2012.

Teaching Methodology:

The taught element of the course largely consists of practical physical theatre & movement workshops, leading to short performances. The approach is theory-into-practice (praxis). In the class of a maximum of twelve students (space permitting), students will learn a series of warm-up sequences designed to improve balance and posture which will develop as their strength and agility increases. Students will experiment with the roles of actor, director and outside-eye and will devise work in small groups. Learning will focus around small-group tasks, including observation exercises, guided individual and small group movement exercises and workshops, improvisation exercises, reading and discussion tasks, pair-work, peer-review tasks and whole group feedback tasks. Each student will also keep a learner diary/reflection in which they record and comment on their own learning.

Bibliography:

Marshall, Lorna, The Body Speaks, Performance and Physical Expression. Methuen, 2008 (2001).

Callery, Dymphna, *Through The Body. A Practical Guide to Physical Theatre*. Routledge, London, 2010 (2001).

Please Note: The core and the reference texts will be reviewed at the time of designing the semester syllabus

Change Log for this CSD:

Major or	Nature of Change	Date Approved &	Change
Minor	_	Approval Body (School	Actioned by
Change?		or LTPC)	Academic
			Registry