

COURSE SPECIFICATION DOCUMENT

Academic School/Department:	Richmond Business School
Programme:	International Sports Management
FHEQ Level:	6
Course Title:	Team and Leadership Dynamics in Sport
Course Code:	SPT 6103
Total Hours:	160
Timetabled Hours:	45
Guided Learning Hours:	15
Independent Learning Hours:	100

Credits:	16 UK CATS credits 8 ECTS credits 4 US credits
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Course Description:

This is an applied leadership course with focus on case studies, projects, and group interactions; it includes theoretical background on group dynamics, small group behaviour and motivation, power, types of groups, verbal and non-verbal communications skills, and teambuilding. Emphasis will be placed on sociological and psychological dimensions of inter-group and team relations, including analysis and problem solving through simulations, cases, and similar activities.

Prerequisites:

SPT 5215 Sports Management

Aims and Objectives:

- To identify, define and apply concepts common to the leadership process
- To apply analytical, critical thinking and problem-solving skills to given case studies
- To apply analytical, critical thinking and problem-solving skills to common team dynamic situations
- To develop an interdisciplinary appreciation of team leadership, both through content and also experience of different disciplinary approaches to the subject.

Programme Outcomes

International Sports Management: A2, A4, A6, B2, B3, B4, B5, C1, C2, D3, D4, D5

A detailed list of the programme outcomes is found in the Programme Specification. This is maintained by Registry and located at:

<https://www.richmond.ac.uk/programme-and-course-specifications/>

Learning Outcomes:

By the end of this course, successful students should be able to:

Knowledge and Understanding

- Demonstrate systematic knowledge of the key concepts and theoretical models of leadership in sport and sports team settings
- Demonstrate in-depth and current understanding of the fundamental principles and differences between the role of a sports leader and a sports manager and apply concepts such as transactional and transformational leadership, work focus versus people focus, and comfort versus risk seeking.

Cognitive Skills

- Critically evaluate the different styles and functions of leadership in sport in terms of in terms of goal attainment, adaption, and maintenance functions
- Identify, select and use investigative strategies to undertake a critical analysis of several highly effective sports leaders.

Practical and/or Professional Skills

- Apply different styles and functions of leadership to sport and sports team settings to engage with the challenge and difficulty of leading change in sport organizations.

Key Skills

- Locate and critically interpret a variety of contemporary sports team and leadership sources and present findings using effective written and oral communication skills to fulfil assessment criteria.

Indicative Content:

- What is Leadership?
- Sources of Power and Influence;
- Leadership Styles and Approaches
- Trait and Skill Approaches
- Behavioural Approaches
- Situational Approaches
- Leadership in Sport
- Contemporary Approaches
- Leader Qualities and Roles
- Team Leadership Dynamics
- Managing and Motivating
- Ethics and Decision Making
- Leadership Philosophy

Assessment:

This course conforms to the University Assessment Norms approved at Academic Board and located at: <https://www.richmond.ac.uk/university-policies/>

Teaching Methodology:

Teaching will be a combination of lectures, seminar discussions and workshops, using case studies and drawing on students' own experiences where appropriate. Lectures will be designed to cover the fundamental issues and build upon the recommended book chapters from the reading list and additional recommended readings. Students will be advised to supplement lecture notes by reading the relevant indicative reading(s).

The lectures will be participative in nature and will encourage commentary, application to real life scenarios/experiences and questioning to help develop deep learning and understanding, in addition to transferable skills.

Weekly seminars will support and enhance student learning through the exploration and application of their understanding in leadership case studies. Seminar sessions will require both individual and team participation and students will be encouraged to come prepared to participate in class.

Powercampus will be used to upload lecture notes and other essential course-related information.

Indicative Text(s):

Bowden, J., Katz, R., Mitchell, J., Polden, D., and Walden, R. 2017. *Sports, Ethics and Leadership*. London: Routledge.

Cummins, P., O'Boyle, I., and Cassidy T. 2019. *Leadership in Sports Coaching*. London: Routledge.

Jordan, D. 2017. *Leadership in Leisure Services: Making a Difference*. 4th Edition. Champaign: Sagamore Publishing.

O'Boyle, Murray, D., and Cummins, P. 2015. *Leadership in Sport*. London: Routledge.

Please Note: The core and the reference texts will be reviewed at the time of designing the semester syllabus

Change Log for this CSD:

Major or Minor Change?	Nature of Change	Date Approved & Approval Body (School or LTPC)	Change Actioned by Academic Registry
Minor	Amendment of programme outcome codes to conform with B & E School standards.	School Chair's action by PDA	
Minor	Amendment of course learning outcomes to align programme outcomes and QAA FHEQ Level 6 descriptors.	13 December 2021 School Chairs Action	
	Various updates as part of the UG programme review	AB Jan 2022	
Minor	Update to indicative texts	June 2022	
	Revision – annual update	May 2023	
	Total Hours Updated	April 2024	